Care New England
Medical Group

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Patient Medication Guide

You may not be prescribed every medicine on this list. This list is for reference for the medications you are prescribed

PAIN

- **TYLENOL (ACETAMINOPHEN):** For mild to moderate pain relief and to reduce fevers. Take up to 1000 mg every 8 hours as needed.
    - **Common Side Effects:** Too much can cause damage to your liver.
- **NAPROSYN (NAPROXEN):** For mild to moderate pain relief, to reduce swelling and inflammation. Take 1 pill (500 mg each) every 12 hours as needed. Take with food to prevent stomach problems.
    - **Common Side Effects:** Upset stomach, heart burn, nausea.
- **METHOCARBAMOL (ROBAXIN):** A muscle relaxer to reduce spasms and muscle tightness. Take one pill (500 mg) every 8 hours as needed.
    - **Common Side Effects:** Feeling drowsy and tired
- **OXYCODONE:** Narcotic pain medication for severe pain. Take one pill (5 mg) every 4-6 hours as needed for pain.
    - **Common Side Effects:** Feeling drowsy and tired, constipation, nausea, dizziness, slowed breathing

INFECTION PREVENTION

- **CEFADROXIL (DURICEF):** Take one pill (500 mg) every 12 hours for the prescribed number of days to prevent infection. Take with food.
    - **Common Side Effects:** Diarrhea, upset stomach, nausea headache
- **HIBICLENS:** Cleaning solution to use over your operative extremity starting 3 days prior to surgery
    - **Common Side Effects:** Itchiness, dry skin, rash

BLOOD CLOT PREVENTION

- **ASPIRIN:** Helps prevents blood clots. Take one pill (81 mg) every 12 hours for a total of 4 weeks from surgery. Take it with food to prevent an upset stomach.
    - **Common Side Effects:** Upset stomach, heart burn, easy bruising

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STOMACH ULCER PREVENTION

- **PANTOPRAZOLE (PROTONIX):** Reduces acid in your stomach to help prevent an upset stomach when taking pain medication and aspirin. Take one pill (40mg) daily while taking aspirin and other pain medication.
    - **Common Side Effects:** Headache, diarrhea

CONSTIPATION

- **DOCUSATE/SENNA (COLACE):** Stool softener to prevent and treat constipation.
    - **Common Side Effects:** Stomach cramps, gas, diarrhea

NAUSEA

- **ONDANSETRON (ZOFRAN):** Helps treat and prevent nausea. Take one pill (4 mg) as needed when feeling nausea.
    - **Common Side Effects:** Headache, diarrhea